

theories have often opened up different imaginations and new horizons for the domestic publishing industry. The publishing team he leads is also constantly abreast of the trends of the times and the pulse of society, continuously challenges itself, and has created a variety of magazines and books of different types and themes. He said, "When I was born, I knew nothing, had nothing and had achieved nothing. If, when I die, I have some knowledge, some possessions, and some achievements, that will be because of study. Study changed me and created my life." He shared with the audience the principles of successful self-learning that he has followed throughout this journey.

Professor Ye, currently seconded to the post of CEO of PaGamO/BoniO Inc., said that he had observed his father, Professor Ye Shengnian's care for students since childhood, and had also been blessed with a naturally diligent and pedagogic character, and so gradually adopted the path of passionate teacher. He also said that, as a teacher, being both passionate and resistant to teaching that fails to evolve, he often advises students on Facebook to pursue knowledge and solve the puzzles of life, and then writes articles for the benefit of the similarly bewildered, passing on his learning to a wide audience.

Finally, under the auspices of Professor Chien-shou Chen of the Institute of Modern History at Academia Sinica, Mr. Ho and Professor Ye engaged in a comprehensive discussion and answered questions from the guests.

## ■ Opening up a new Vision of Life: Seminar on Reading Health Management

Jointly hosted by the National Central Library and the Gaya Foundation and organized by the Library of Luminary Buddhist Institute, the Seminar on Reading Health Management took place on 23 October 2020 in the National Central Library's International Conference Hall. Scholars and experts from the medical, academic, and library fields

were invited to attend the event to give lectures and practical exchanges, and nearly 200 people concerned about the topic participated.

NCL Director-General Shu-hsien Tseng said that technology products and e-books have changed reading today. How to improve the body, mind, and soul through reading, especially as the novel coronavirus epidemic spreads around the world and all walks of life are disrupted, and how to enable yourself, society, the economy and other aspects to develop healthily, and the library to become an important field of public life, are matters of concern to everyone.



*Commemorative photograph featuring Director-General Tseng (fourth from left) and seminar speakers.*

Venerable Uyin, chairman of the Gaya Foundation and dean of the Luminary Buddhist Institute said that, from the standpoint of the library, in setting out to hold this seminar, how to combine reading with health management was a very important topic. To interpret the day's theme from the perspective of the term zengshang he said, Buddhism has not left the world. The importance of the existence of Buddhism in the world, he said, lay in how to expand the body and mind, extend the life of the body's organs, and improve the quality of the mind. It was hoped, he said, that this seminar would provide a correct reading of the concept of health care management and develop breadth and depth of life horizons.

The seminar included two themed lectures and two discussions. For the lectures, Director Julia Hsu and Deputy Director Dr. Xian-an Zheng of Hualien

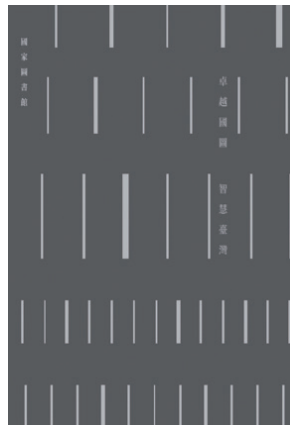
Tzuchi Hospital Energy Medical Center were invited to lecture on “Improving the Capacity of the Reading Mind: Concentration Management,” and “Reading and Brain Health.” The two lecturers took to the stage at the same time and took turns to speak. Dr. Hsu led the participants in conducting practical exercises. The lectures were combined with practice, enabling participants to put their learning into effect in daily life.

The first theme of the seminar was "Health Management of Libraries and Reading". The content included the promotion of healing reading and bibliographic therapy, the health management of library space, and the creation of a healthy reading environment in the library during epidemic prevention. Professor Su-may Sheih Chen from National Taiwan University's Department and Graduate Institute of Library and Information Science, Director Yuzhen Hong of Tainan Public Libraries, and Commissioner Yitai Jiang of the Luking Library of Providence University, shared their libraries' practical experience in promoting healing reading and a healthy and sound reading environment.

The theme of the second seminar was "Reader's Health Management". Focusing on such topics as the healthiness of reading lights, correct reading posture, and doing one's best not to use 3C equipment. Professor Jwo-Huei Jou from the Department of Materials Science and Engineering of National Tsing Hua University, physiotherapist Wenren Jian from Cathay General Hospital, and Dr. Ying-shan Chen, director of the Department of Ophthalmology at China Medical University Hsinchu Hospital, discussed the above issues and called for public attention to them.

## NCL Publications

### ■ Introduction to the National Central Library (2020): Excellent Library, Intelligent Taiwan



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The National Central Library is a library that collects, organizes, and archives nation's books and disseminating knowledge, preserves culture heritage and assets, promotes academic studies, and guides the development of various types of library throughout the country. Although the tasks of national libraries in different countries are not exactly the same, they broadly include: legal deposit of national printed and electronic publications; provision of reference, bibliographic, preservation, and borrowing services directly and through other libraries and information centers; preservation and promotion of national cultural heritage; promotion of national cultural policies; leadership of national literacy activities; serving as a platform for international plans and activities; and assisting the national government in promoting related policies. With the joint efforts of outstanding, professional, and enthusiastic staff, the National Central Library cooperates with people in all walks of life to turn itself into an outstanding, professional, digital, international, diversified, and humanistic national library of international class. It is a library that respects the customer, presents high-quality and convenient services that exceed expectations, integrates information, provides digital value-added information circulation services, actively innovates, strengthens full participation and innovative value-